

Pulmonary Rehabilitation after Laryngectomy

Priv.-Doz. Dr. Kai J. Lorenz, Klinik für Hals-Nasen-Ohrenheilkunde, Kopf-Halschirurgie, Bundeswehrkrankenhaus Ulm

*UNI-MED Science, 1st edition 2013, 88 pp, 73 illustrations, Hardcover, ISBN 978-3-8374-1416-5 (Germany) / ISBN 978-1-84815-203-8 (Rest of the world), Euro 39,80
ePDF-version: ISBN 978-3-8374-5416-1, Euro 39,80*



This book deals exclusively and comprehensively with the pulmonary rehabilitation of patients after total laryngectomy for the first time. Both the physiological and psychological consequences of separation of the airways and digestive tract are discussed.

Besides a detailed discussion of lung physiology after laryngectomy, the mechanism of function of heat and moisture exchangers (HMEs) is explained in a structured manner. The improvements that have been achieved through the systematic use of HMEs in laryngectomees are described based on the authors' own experience and a review of the current literature. Great importance has been attached to a clear, didactic organisation, which is underscored by the large number of diagrams and tables. Two chapters are also devoted to practical application and provide tips that can improve patient compliance.

This book not only discusses the current state of knowledge but is a practice-orientated guide for the interested user.