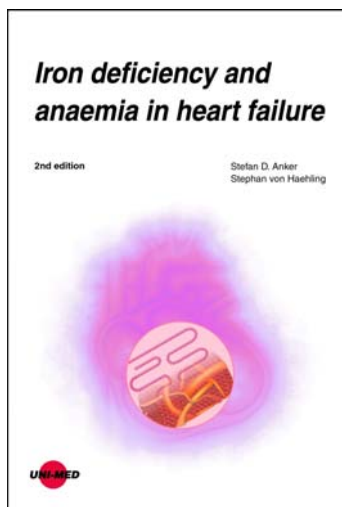


## ***Iron deficiency and anaemia in heart failure***

*Stefan D. Anker and Stephan von Haehling*

UNI-MED, 2nd edition 2012, 128 pp, Hardcover, ISBN 978-3-8374-2161-3, Euro 4,95

ePDF-version: ISBN 978-3-8374-6161-9, Euro 4,95



Cardiovascular diseases represent the most important cause of death in developed and in developing countries. Iron deficiency is one of the most important factors contributing to anaemia onset in patients with heart failure, and patients' quality of life can be improved independent of whether anaemia is present or not.

Since this book was first published in spring 2009, new developments have received tremendous clinical interest. The second edition of this book re-focuses in a way that puts emphasis not only on anaemia, but also on iron deficiency. It is the first comprehensive description of all aspects of iron deficiency and anaemia in heart failure, starting with its prevalence and incidence. It describes the pathophysiology of iron deficiency and anaemia including the diagnostic value of the available laboratory parameters and discusses treatments such as blood transfusions, oral and intravenous iron supplementation, and erythropoietin application. Finally, it provides an overview of all major treatment studies in the field.

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